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**AVALIAÇÃO CLÍNICA E HISTOLÓGICA DE OSTEONECROSE  
MANDIBULAR INDUZIDA POR AGENTES MODIFICADORES  
ÓSSEOS EM RATOS WISTAR**

Santa Maria, RS  
2021

**Luisa Berlato Silva**

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INDUZIDA POR AGENTES MODIFICADORES ÓSSEOS EM RATOS WISTAR**

Dissertação de mestrado apresentada ao Programa de Pós Graduação em Ciências Odontológicas da Universidade Federal de Santa Maria (UFSM), como requisito para a obtenção do título de **Mestre em Ciências Odontológicas com ênfase em Patologia Oral**.

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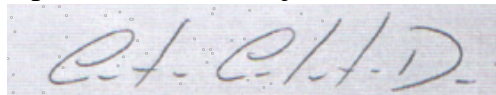
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**Aprovado em 14 de janeiro de 2021:**



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*Ao meu irmão, que não está mais presente fisicamente, mas presente de alma, o qual sempre me incentivou a ser uma pessoa melhor a cada dia. Dedico também a minha mãe, o qual está ao meu lado sempre na busca dos meus sonhos. E finalmente, ao meu pai, o qual sempre me incentivou a buscar meu melhor.*



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*“ É impossível conceber a distância para cima, exceto pelas limitações da sua própria mente ”*

*(W. Clement Stone)*

## RESUMO

### AVALIAÇÃO CLÍNICA E HISTOLÓGICA DE OSTEONECROSE MANDIBULAR INDUZIDA POR AGENTES MODIFICADORES ÓSSEOS EM RATOS WISTAR

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A osteonecrose é uma patologia óssea, com etiopatogenia ainda desconhecida, que foi relatada pela primeira vez em 2003 por Marx. Em 2014 a *Association of Oral and Maxillofacial Surgeons* (AAOMS) descreveu o conceito da osteonecrose, como sendo uma área de exposição óssea na maxila ou mandíbula que não repara em oito semanas devido a uma perda temporária ou permanente de suprimento sanguíneo no local. Acomete, na maioria dos casos, pacientes que utilizam, cronicamente, medicamentos antirreabsortivos e alguns fatores associados como corticoterapia, diabetes mellitus, exodontia e demais procedimentos odontológicos invasivos. Trabalhos recentes investigam em ratos a osteonecrose induzida por esses medicamentos como o alendronato (AL), ácido zoledrônico (Z) e o denosumab (Dmab), a fim de, esclarecer a etiopatogenia, assim como, estudar meios de prevenção e tratamento da doença. o objetivo deste estudo foi comparar as drogas antirreabsortivas em um modelo animal em ratos de MRONJ, utilizando três diferentes fármacos antirreabsortivos: alendronato, ácido zoledrônico e denosumab, uma para cada grupo experimental, baseado nos parâmetros clínicos e histológicos da região submetida à exodontia. Os parâmetros clínicos avaliados foram: área de exposição óssea, fístula, má cicatrização de tecido mole e inflamação no alvéolo. Já os parâmetros histológicos compreenderam a análise de necrose óssea, infiltrado inflamatório (análise qualitativa e quantitativa), vasos sanguíneos (análise quantitativa), sequestro ósseo e resto radicular. Foram 35 ratos machos Wistar, randomizados em 6 grupos: Grupo Controle Negativo (CN) terapia com solução salina fisiológica: GNZ (n=6), GNAL (n=6), GNDmab (n=5); Grupo Alendronato (GAL) terapia com AL (n=6); Grupo Zometa (GZ) terapia com Z (n=6); Grupo Denosumab (GDmab) terapia com Dmab (n=6). A dose aplicada em cada animal será de acordo com seu peso semanal, seguindo a relação: GAL 1 mg/Kg – subcutânea, GZ 0,06mg/kg- intraperitoneal e GDmab 0,25mg/kg – intraperitoneal. O grupo GAL foi submetido a 8 aplicações de AL por um período de 8 semanas (1 aplicação semanal), ao completar a oitava semana os ratos foram submetidos a extração dentária. E após 28 dias da extração dentária foram eutanasiados, juntamente com 6 ratos do grupo GNAL. A medicação foi mantida, 1 vez na semana, até a eutanásia (décima terceira semana) para o grupo GAL. O grupo GZ recebeu o Z quatro vezes por semana, por quatro semanas, quando completou a quarta semana foi realizado a extração dentária, posteriormente foi aguardado o período de 28 dias para a realização da eutanásia dos animais do respectivo grupo e mais 6 do grupo GNZ. O grupo GDmab recebeu um total de 8 aplicações de Dmab, por um período de 4 semanas (2 aplicações semanais), quando completou a quarta semana os animais do grupo foram submetidos a extração dentária e depois de 28 dias foram eutanasiados, juntamente com os 6 ratos restantes do grupo GNDmab. A análise estatística para as variáveis qualitativas foi utilizada o teste exato de Fisher, e para a análise das variáveis quantitativas foi utilizado One-way ANOVA com post hoc de Tukey. Considerando um nível de significância de 0,05. Nossos resultados demonstraram uma maior prevalência de osteonecrose histológica no grupo nos BF's quando comparado ao grupo do Denosumab, bem como a diminuição do número de vasos foi mais frequente nos grupos do BFs. Com isso, concluímos que, pela diminuição da angiogênese e pelo aumento da MRONJ no tecido ósseo, os bisfosfonatos possuem uma maior alteração no mecanismo ósseo.

**Palavras-chave:** Bisfosfonatos. Exodontia. Denosumab.

## ABSTRACT

### CLINICAL AND HISTOLOGICAL EVALUATION OF MANDIBULAR OSTEONECROSIS INDUCED BY BONE MODIFYING AGENTS IN WISTAR RATS

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Osteonecrosis is a bone pathology, with a still unknown etiopathogenesis, which was first reported in 2003 by Marx. In 2014 the Association of Oral and Maxillofacial Surgeons (AAOMS) described the concept of osteonecrosis, as an area of bone exposure in the jaw or jaw that does not repair in eight weeks due to a temporary or permanent loss of blood supply at the site. It affects, in most cases, patients who chronically use antiresorptive drugs and some associated factors such as corticosteroid therapy, diabetes mellitus, tooth extraction and other invasive dental procedures. Recent work investigates in rats the osteonecrosis induced by these drugs, such as alendronate (AL), zoledronic acid (Z) and denosumab (Dmab), in order to clarify the etiopathogenesis, as well as to study means of prevention and treatment of the disease. The aim of this study was to compare antiresorptive drugs in an animal model in MRONJ rats, using three different antiresorptive drugs: alendronate, zoledronic acid and denosumab, one for each experimental group, based on the clinical and histological parameters of the region undergoing extraction. The clinical parameters evaluated were: area of bone exposure, fistula, poor healing of soft tissue and inflammation in the alveolus. The histological parameters included the analysis of bone necrosis, inflammatory infiltrate (qualitative and quantitative analysis), blood vessels (quantitative analysis), bone sequestration and root rest. There were 35 male Wistar rats, randomized into 6 groups: Negative Control Group (CN) physiological saline therapy: GNZ (n = 6), GNAL (n = 6), GNDmab (n = 5); Alendronate Group (GAL) therapy with AL (n = 6); Zometa Group (GZ) Z therapy (n = 6); Denosumab Group (GDmab) Dmab therapy (n = 6). The dose applied to each animal will be according to its weekly weight, following the ratio: GAL 1 mg / Kg - subcutaneous, GZ 0.06mg / kg - intraperitoneal and GDmab 0.25mg / kg - intraperitoneal. The GAL group was submitted to 8 applications of LA for a period of 8 weeks (1 weekly application), when completing the eighth week the rats were submitted to tooth extraction. And after 28 days of tooth extraction, they were euthanized, along with 6 rats from the GNAL group. The medication was maintained, once a week, until euthanasia (thirteenth week) for the GAL group. The GZ group received Z four times a week, for four weeks, when the fourth week was completed, tooth extraction was performed, after which the 28-day period was awaited for the euthanasia of the animals in the respective group and another 6 in the GNZ group. The GDmab group received a total of 8 applications of Dmab, for a period of 4 weeks (2 weekly applications), when the fourth week was completed, the animals in the group underwent dental extraction and after 28 days were euthanized, together with the 6 remaining rats from the GNDmab group. The statistical analysis for qualitative variables was used Fisher's exact test, and for the analysis of quantitative variables, One-way ANOVA with Tukey's post hoc was used. Considering a significance level of 0.05. Our results demonstrated a higher prevalence of histological osteonecrosis in the group in the BFs when compared to the Denosumab group, as well as the decrease in the number of vessels was more frequent in the groups of the BFs. Thus, we conclude that, due to the decrease in angiogenesis and the increase in MRONJ in bone tissue, bisphosphonates have a greater alteration in the bone mechar

**Key-words:** Disphosphonates. Tooth Extraction. Denosumab

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## LISTA DE ABREVIATURAS

AAOMS - American Association of Oral and Maxillofacial Surgeons; Associação americana de cirurgiões orais e maxilofaciais

AL – Alendronato

ATP - Adenosine triphosphate; Adenosina trifosfato

BFs – Bisfosfonatos

Dmab – Denosumab

E.C.T- Eva Castro Torriani

g – Grama

CN- Grupo Controle Negativo

GZ- Grupo Ácido Zolendrônico

GAL – Grupo Alendronato

GDmab – Grupo Denosumab

GZN- Grupo Ácido Zolendrônico negativo

GNDmab- Grupo Denosumab negativo

GNAL- Grupo Alendronato negativo

H<sub>2</sub>O<sub>2</sub> – Peróxido de hidrogênio

IV – intravenosa

IP - intraperitoneal

L.B.S- Luisa Berlato Silva

mg/Kg – miligrama por quilograma

MRONJ – Medication related osteonecrosis of the jaw

pH – potencial hidrogeniônico

RANK-L – receptor activator for nuclear factor-Kappa B ligand

SC- subcutânea

UFSM – Universidade Federal de Santa Maria

VEGF - Vascular Endothelial Growth Factor; Fator de Crescimento Endotelial Vascular

Z – Ácido Zoledrônico

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## 1. INTRODUÇÃO

A osteonecrose dos maxilares tem forte associação a pacientes que utilizam fármacos antirreabsortivos como: bisfosfonatos (BFs), Denosumab (Dmab) e alguns antiangiogênicos que são indicados para o tratamento de metástases ósseas, provenientes de tumores de mama, de próstata e mieloma múltiplo, pois seu efeito é sobre o metabolismo ósseo de um sistema suscetível a distúrbios circulatórios, inflamatórios, neoplásicos, metabólicos e congênitos. Além disso, são amplamente empregados no tratamento da osteoporose, em situações que determinam significativa redução de complicações como fraturas patológicas e compressão da medula espinhal (RUGGIERO *et al.*, 2014)

O primeiro estudo a mostrar lesões maxilares em pacientes tratados com BFs foi publicado por Marx e colaboradores, chamado Biphosphonate-related osteonecrosis of the jaw (BRONJ), em 2003. A American Association of Oral and Maxillofacial Surgeons (AAOMS) definiu pela primeira vez, em 2007, que a osteonecrose dos maxilares estava associada ao uso de BFs. Contudo, na sua última Position Paper, de 2014, recomendou a alteração da designação BRONJ, para Medication-related osteonecrosis of the jaw (MRONJ), devido ao aumento do número de casos de osteonecrose dos maxilares provocados por outros fármacos para além dos BFs, como o Dmab e alguns antiangiogênicos.

Na maioria dos casos, os efeitos dos MRONJ são consistentes com um defeito na remodelação óssea ou na cicatrização de feridas, pois sendo um supressor da atividade osteoclástica, os BFs reduzem o processo de remodelação, aumentando a densidade mineral óssea, reduzindo o risco de fratura. Suas propriedades antiangiogênicas podem afetar o suprimento sanguíneo no tecido ósseo, levando a uma isquemia nos ossos maxilares, observada em pacientes que fazem uso de BFs. Assim, um trauma como por exemplo exodontias, acarretaria a dificuldade de suprimento sanguíneo local, impedindo o reparo e favorecendo o desenvolvimento de uma osteonecrose nos maxilares associada a medicamento (RUGGIERO, 2014; WOO *et al.*, 2006).

Howie *et al.*, (2015) sugerem a necessidade da presença concomitante de três fatores para a formação da MRONJ, que atuam em conjunto como agentes etiológicos da doença: o uso dos BFs; trauma local (ligado ao grau de invasividade) e a resposta óssea local, relacionada ao tipo de resposta individual (sistema imunológico e genética).

Dessa forma, segundo a AAOMS, a MRONJ é agora definida pela presença cumulativa das três seguintes condições: terapêutica atual ou prévia com agentes antirreabsortivos ou antiangiogênicos; Exposição óssea ou presença de fistula intra ou extra oral, que permita acesso ao osso, na região maxilofacial; com duração superior a oito semanas; ausência de história de radioterapia na região da cabeça e pescoço, assim como de metástases ósseas que atinjam os maxilares (RUGGIERO *et al*, 2014; ZANDI *et al*, 2016).

A fisiopatologia da MRONJ ainda está em desconscenso na literatura, contudo, quatro mecanismos essenciais são identificados: inibição da atividade osteoclástica e consequentemente da reabsorção e remodelação/*turnover* ósseos, inflamação/infecção, disfunção imune inata ou adquirida, e inibição da angiogênese. (RUGGIERO *et al*, 2014; UYANNE *et al*, 2014; YAMASHITA *et al*, 2012; DE CEUIAER *et al*, 2014). Ruggiero (2007); Lesclous e colaboradores (2009), além de Rasmusson e Abtahi (2014) relataram que a microbiota da cavidade bucal, pode potencialmente favorecer ao processo patogênico e inflamatório após a extração dentária, podendo levar a uma osteomielite, sendo, portanto, um fator que aumentaria o risco de osteonecrose nos maxilares.

As características histológicas da MRONJ exibem lacunas de osteócitos vazias com ausência de osteoblastos ao redor da matriz óssea e osteoclastos destacados, onde frequentemente, possuem uma infecção secundária associada (MARX R, *et al*, 2005). Em detrimento da supressão da reabsorção óssea dos osteoclastos nos ossos gnáticos, há uma inibição da angiogênese, alterando as respostas imunes inatas e adaptativas (BARROS S, *et al*, 2016; ZHANG Q, *et al*, 2015; POUBEL *et al*, 2017). Sua peça histológica apresenta-se como um osso necrótico, lamelar, com presença de infiltrado inflamatório agudo e/ou crônico, com linfócitos, plasma, macrófagos e neutrófilos, bactérias colônias, associado, e sua vascularização é escassa no local de necrose óssea (POUBEL *et al*, 2017).

Existe a necessidade de um modelo animal fundamentado, para que seja utilizado em estudos de opções terapêuticas e preventivas da osteonecrose, uma vez que, a maioria dos modelos experimentais já existentes apresentam a comparação de apenas uma classe de antireabsortivos, ou apenas bisfosfonatos ou apenas denosumab (HOWIE *et al.*, 2015).

Os principais fatores que dificultam a reprodutibilidade dos modelos existentes incluem: a falta de padronização no tipo, dose e regimes de administração das drogas, uso de medicamentos associados, e o uso de diferentes espécies animais.

Nesse contexto, o objetivo deste estudo foi comparar as drogas antirreabsortivas em um modelo animal em ratos de MRONJ, utilizando três diferentes fármacos antirreabsortivos: alendronato, ácido zoledrônico e denosumab, uma para cada grupo experimental, baseado nos parâmetros clínicos e histológicos da região submetida à exodontia.

## **2. ARTIGO – CLINICAL AND HISTOLOGICAL E EVALUATION OF MANDIBULAR OSTEONECROSIS INDUCED BY BONE MODIFYING AGENTS IN WISTAR RATS**

Os resultados inseridos nesta dissertação apresentam-se sob a forma de manuscrito, o qual se encontra aqui estruturado da mesma forma a qual foi submetido a Brazilian Oral Research, Qualis Capes (Odontologia) A2, Impact Factor™ 1,223 (Institute for Scientific Information - ISI). Os itens Materiais e Métodos, Resultados, Discussão e Referências encontram-se no próprio manuscrito.

Manuscrito submetido a Brazilian Oral Research e encontra-se sob revisão.

**Clinical and histological and evaluation of mandibular osteonecrosis induced by bone modifying agents in wistar rats**

**Área de concentração: Patologia Oral**

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## Abstract

Osteonecrosis is a bone pathology, with a still unknown etiopathogenesis, which was first reported in 2003 by Marx. In 2014 the Association of Oral and Maxillofacial Surgeons (AAOMS) described the concept of osteonecrosis, as an area of bone exposure in the jaw or jaw that does not repair in eight weeks due to a temporary or permanent loss of blood supply at the site. It affects, in most cases, patients who chronically use antiresorptive drugs and some associated factors such as corticosteroid therapy, diabetes mellitus, tooth extraction and other invasive dental procedures. Recent work investigates in rats the osteonecrosis induced by these drugs, such as alendronate (AL), zoledronic acid (Z) and denosumab (Dmab), in order to clarify the etiopathogenesis, as well as to study means of prevention and treatment of the disease. The aim of this study was to compare antiresorptive drugs in an animal model in MRONJ rats, using three different antiresorptive drugs: alendronate, zoledronic acid and denosumab, one for each experimental group, based on the clinical and histological parameters of the region undergoing extraction. The clinical parameters evaluated were: area of bone exposure, fistula, poor healing of soft tissue and inflammation in the alveolus. The histological parameters included the analysis of bone necrosis, inflammatory infiltrate (qualitative and quantitative analysis), blood vessels (quantitative analysis), bone sequestration and root rest. There were 35 male Wistar rats, randomized into 6 groups: Negative Control Group (CN) physiological saline therapy: GNZ (n = 6), GNAL (n = 6), GNDmab (n = 5); Alendronate Group (GAL) therapy with AL (n = 6); Zometa Group (GZ) Z therapy (n = 6); Denosumab Group (GDmab) Dmab therapy (n = 6). The dose applied to each animal will be according to its weekly weight, following the ratio: GAL 1 mg / Kg - subcutaneous, GZ 0.06mg / kg- intraperitoneal and GDmab 0.25mg / kg - intraperitoneal. The GAL group was submitted to 8 applications of LA for a period of 8 weeks (1 weekly application), when completing the eighth week the rats were submitted to tooth extraction. And after 28 days of tooth extraction, they were euthanized, along with 6 rats from the GNAL group. The medication was maintained, once a week, until euthanasia (thirteenth week) for the GAL group. The GZ group received Z four times a week, for four weeks, when the fourth week was completed, tooth extraction was performed, after which the 28-day period was awaited for the euthanasia of the animals in the respective group and another 6 in the GNZ group. The GDmab group received a total of 8 applications of Dmab, for a period of 4 weeks (2 weekly applications), when the fourth week was completed, the animals in the group underwent dental extraction and after 28 days were euthanized, together with the 6 remaining rats from the GNDmab group. The statistical analysis for qualitative variables was used Fisher's exact test, and for the analysis of quantitative variables, One-way ANOVA with Tukey's post hoc was used. Considering a significance level of 0.05. Our results demonstrated a higher prevalence of histological osteonecrosis in the group in the BFs when compared to the Denosumab group, as well as the decrease in the number of vessels was more frequent in the groups of the BFs. Thus, we conclude that, due to the decrease in angiogenesis and the increase in MRONJ in bone tissue, bisphosphonates have a greater alteration in the bone mechanism.

*Key-words:* Disphosphonates. Tooth Extraction. Denosumab

## INTRODUCTION

Osteonecrosis of maxillary bones (ONJ) is an adverse effect of therapy with antiresorptive drugs, and its etiology continues to be debated in the literature and can be attributed to trauma, such as tooth extractions; poor oral hygiene<sup>1,7,12,38,39</sup>. It is characterized by being an avascular necrosis, since the use of antiresorptive drugs ends up causing a permanent or temporary loss of the local bone blood supply, causing bone necrosis. It may manifest clinically as a bone exposed in the maxillofacial region or it may have no visible clinical signs<sup>40,13</sup>.

Marx and colleagues in their 2003 study, entitled Bisphosphonate-related osteonecrosis of the jaw (BRONJ)<sup>3</sup>, demonstrated for the first time that patients treated with Bisphosphonates (BFs) had bone lesions that had not been reported in the literature<sup>4</sup>. In 2014, the American Association of Oral and Maxillofacial Surgeons<sup>5</sup> (AAOMS) defined lesions that had the following items as medicated mandibular osteonecrosis: current or previous treatment with bisphosphonates or denosumab or antiangiogenic therapy; exposed area of mandibular bone or probe in intra or extra oral fistula that persisted for more than 8 weeks; no history of radiotherapy or metastatic disease in the mandible<sup>1</sup>.

Because osteonecrosis of the jaws is an adverse effect to antiresorptive therapies, its name changes to medication-related mandibular osteonecrosis (MRONJ), and these main medications used are bisphosphonates (BFs) and Denosumab (Dmab) that are used for treatment of diseases such as Paget's disease, hypercalcemia, giant bone cell tumor and bone metastasis<sup>2,6</sup>. While BFs, such as Zoledronic acid and Alendronate, act on the binding of hydroxyapatite on bone surfaces, that is, they inhibit resorption and decrease bone turnover<sup>1</sup>. Dmab, as a human monoclonal antibody inhibiting RANKL (kappa B nuclear factor activating receptor ligand), binds to the kB receptor activator, preventing the activation of RANK (kappa nuclear factor activating receptor B) on the surface of osteoclasts and their precursors, thereby preventing the formation, function and survival of these bone cells, thus blocking bone resorption<sup>15,19</sup>.

The pathophysiology of MRONJ is not yet fully understood, however, four essential mechanisms are identified: inhibition of osteoclastic activity and consequently bone resorption and remodeling / turnover, inflammation / infection, innate or acquired immune dysfunction, and inhibition of angiogenesis. Thus, the patient who is submitted

to a dental extraction, can potentially develop osteomyelitis due to the association of the microbiota of the oral cavity with the inflammatory process resulting from tooth extraction, and thus may develop osteonecrosis<sup>8,10</sup>.

Studies in animal models have gained space in the scientific literature to discover the possible etiology of this complication resulting from the use of antiresorptive drugs, MRONJ. Animal models available in the literature compare different BFs and Dmab, exposing animals to possible causes of osteonecrosis, such as: tooth extraction, over dosage of antiresorptive medication, presence of dental biofilm and periodontal diseases<sup>14</sup>. However, it is already reported in the literature that yes, osteonecrosis present in patients using BFs has different conditions than patients using Dmab, this is taken into account due to its completely different aspects of imaging<sup>32</sup>.

In this context, the objective of this study was to compare antiresorptive drugs in an animal model in MRONJ rats, using three different antiresorptive drugs: alendronate, zoledronic acid and denosumab, one for each experimental group, based on the clinical and histological parameters of the region submitted to the tooth extraction.

## **MATERIALS AND METHODS**

### *Study design and ethical aspects*

The research methodology is based on the animal model, with in vivo experiments using Wistar rats, being a controlled, blind and randomized study. The animals were kept and handled in accordance with the Ethical Principles in Animal Experimentation, so the animals were subjected to an adaptation period at the UFSM vivarium, so as not to obtain animal stress bias. After the drug application process started.

The procedures were performed according to the rules established by the Guidelines for Ethical Care of Experimental Animals, approved by the International Animal Care and Use Committee and this study was approved by the Ethics Committee of the University of Santa Maria (CEUA) with the protocol 0967260318 (Annex A).



### *Animal Model*

In the present study, 36 heterogeneous rats (*Rattus norvegicus*) from the Wistar colony, male, with three months of age, 200g in weight, from the Central Vivarium of the Federal University of Santa Maria (UFSM) were used.

They were initially housed in 9 polypropylene cages (49cmx34cmx16cm) lined with wood shavings (*Pinus Elliottii*), with 4 animals per cage, located in the Experimental Vivarium of the Federal University of Santa Maria, Building 20. The cages were kept in a ventilated shelf with a filter Hepa, with microenvironment of  $22 \pm 2$  ° C, air humidity at 60%, 100 air changes / hour, 12h light-dark cycle (6h-18h). The animals had commercial rodent feed, presented in pellets and drinking water, both ad libitum. For the environmental enrichment of the species, cardboard paper tubes were made available. After the 7-day adaptation period, the animals were randomly assigned to four experimental groups, which occupied 12 cages with 3 animals each.

### *Experimental Groups*

They were divided into three positive control groups, Zolendronic Acid Group (GZ) (n = 6), Alendronate Group (GAL) (n = 6) and Denosumab Group (GDmab) (n = 6) and 3 negative control groups corresponding to each drug used in positive controls, Negative Zolendronic Acid Group (GNZ) (n = 6), Negative Alendronate Group (GNAL) (n = 6) and Denosumab Negative Group (GNDmab) (n = 6), totaling n = 18.

In the animals belonging to the negative control group (CN), physiological saline solution (0.9% NaCl - IP) was administered in the same period as their counterparts in the other groups, who received antiresorptive drugs (Figure 1).

As a result, due to the unequal completion of the dosage of the listed drugs, each sample group and corresponding control, had different moments to be euthanized, due to the changes related to the development of the animal itself, over time, the control groups must be rigorously similar in body development.

### *Randomization*

Initially, the animals were randomly numbered between 1 and 36. For the formation of treatment groups, the initial sequence was subjected to randomization, generated by the computer program (Random Allocation Software, version 1.0, May 2004), from the new sequences, 6 experimental groups were set up: GNZ, GNAL, GNDmab (n = 18), (GAL) (n = 6), (GZ) (n = 6) and (GDmab) (n = 6).

### *Analgesia Protocol*

The analgesia protocol was performed, before extraction procedures, and in cases where signs consistent with pain in the species were observed. Analgesia was provided with administration of tramadol hydrochloride (Tramal, 2mL ampoule, União Química Farmacêutica Nacional S / A, Embu Guaçu, SP, Brazil) (DCB 08806), dose of 20 mg / Kg - IP<sup>15.41</sup>

### *Anesthesia Protocol*

Two anesthetic protocols were applied in the study. The first protocol was previously applied to surgical procedures. The animals were anesthetized with the association of Ketamine 10% (Cetamin, Syntec do Brasil Ltda, Cotia, SP, Brazil) (DCB 01936), at a dosage of 70mg / Kg and Xylazine Hydrochloride 2% (Xilazin, Syntec do Brasil Ltda, Cotia, SP, Brazil) (DCB 09208), at a dosage of 6mg / kg, both IP 16 (with changes regarding the administration of the drugs). The second anesthesia protocol used isoflurane (Isoflurane Biochimico, Itatiaia, RJ. Brazil) (DCB 05082) as an inhalation agent<sup>17</sup>, made available to the patient both in cotton swabs present in a glass hood and in a face mask, at ambient pressure. There was no direct contact between isoflurane and the animal. This protocol preceded the collection of intracardiac blood.

*Administration protocol for Alendronate (GAL)*

Alendronate (AL) solutions (Galena Química e Farmacêutica, Campinas, SP, Brazil) (DCB 00097) were prepared by dissolving the monosodium salt of alendronic acid (ALCON, São Paulo, SP, Brazil) in physiological saline solution (0.9% NaCl) at the appropriate concentrations to obtain the corresponding doses 1mg / kg SC<sup>18</sup>. After checking the body weight of the rats, 12 doses of alendronate (1 mg / kg - SC) were administered, with an interval of 7 days between them. The first dose was applied at the beginning of the experiment and the twelfth, at the end of 12 weeks. After the application of the eighth dose, an interval of 7 days was followed, which resulted in extraction. Thereafter, the treatment continued for another 28 days, until euthanasia. The ninth dose was applied 7 days after extraction<sup>18</sup>.

*Administration protocol for Zoledronic Acid (GZ)*

After weighing the animals in the zoledronic acid group (Zometa, Novartis Pharma, Basel, Switzerland) (DCB 00379), zoledronic acid was administered at a dose of 0.06mg / kg - IP with insulin syringe once a week<sup>19</sup>. The first application occurred at the beginning of the experiment, with an interval of 7 days between doses. The extraction was performed at 21 days of the experiment. Thereafter, the treatment continued for another 28 days, until euthanasia<sup>19</sup>.

*Denosumab administration protocol (GDmab)*

Animals in the Denosumab group (GlaxoSmithKline, London) (DCB 09825) were administered 0.25mg / kg - IP of the drug, with an insulin syringe totaling 8 doses, with an interval of 4 days between them <sup>20</sup>. The extraction of teeth occurred 4 days after administration of the eighth dose. From then on, a period of 28 days was observed, until euthanasia<sup>20</sup>. The animals were weighed to calculate dosages before the drug was administered. In (ANNEX B) the outline of the experimental protocol is present.

*Exodontia*

The extraction of the first right lower molars was performed by the same operator who was blinded to the experimental groups, using the same surgical technique in all animals. Initially, the animals were stabilized in a dorsal position for extraction of the lower first molars, using dissociative anesthesia injectable (xylazine - 6 mg / kg associated with ketamine - 70 mg / kg-IP). Then, with the aid of an explorer probe, the gingival

tissue syndesmotomy was performed, running the probe tip around the tooth in question. After this detachment, the teeth were dislocated in mesio-distal and cervical-apical directions, being then divided into two segments with the aid of a Hollemback spatula positioned in the furcation region. The segments were then extracted using a hemostat<sup>18</sup>. After the surgical procedure, all animals received an intramuscular dose of antibiotic (Pentabiótico®, Wyeth-Whitehall Ltda, São Paulo, Brazil, 0.1 mg / Kg) and was also materialized with the preventive use of tramadol hydrochloride<sup>41</sup> (20 mg / kg), an opioid drug effective in the treatment of moderate to severe pain, that is, analgesia was preventive and not just responsive.

#### *Operator blinding*

A single blind operator (E.C.T) performed the extraction, the same received the animals for the surgical procedure.

#### *Euthanasia*

After 28 days of extraction in the respective treatments and after the collection of the intracardiac blood aliquot, all animals were euthanized by total exsanguination<sup>21</sup>, which was used for other evaluations relevant to the study. Euthanasia resulted from the complete extraction of blood from the cardiac chambers (total exsanguination). For that, the animal was anesthetized in a glass bell, which had cotton pads soaked in isoflurane (inhalation anesthesia), which were separated from direct contact with the animal, using a screened plastic screen. After verifying the anesthetic plan (foot reflex test), the animal was placed in the supine position and had the support of inhalation anesthesia maintained by means of a face mask. Subcutaneous lidocaine hydrochloride (local anesthesia - 7 mg / kg) (DCB 05314) was applied to the incision line of the laparotomy procedure (line alba), distributed in subcutaneous buttons from the beginning of the scalpel blade insertion point (region abdominal), up to; the region of the sternal manubrium (chest region), the limit of the incision enlargement to access the heart.

After the procedure was finished, the carcasses were collected in specific bags for biological remains, and kept frozen until collected by a specialized firm (Stericycle).

### *Drug application*

Alendronate resulted in a total of 12 applications, one dose per week, while zoledronic acid resulted in 7 doses, one per week and lastly, denosumab totaled 8 doses, 2 doses per week. Regarding their negative controls, they followed the dosages corresponding to each drug (Figure 2).

### *Macroscopic Analysis*

The oral cavity was examined and the presence of lesion and exposed bone was observed in the entire cavity and in the region of the lower right first molar, which was a dental element listed for extraction. The criteria for clinical evaluation were: the presence or absence of soft tissue healing, bone exposure, purulent secretion and intra and / or extraoral fistula <sup>18</sup>.

### *Laboratory Procedures*

The mandibles were first fixed and later demineralized in a 10% EDTA solution (Química Moderna Ind. E Com. LTDA, São Paulo, SP, Brazil) buffered with sodium hydroxide (pH 7.4) (Química Moderna Ind. and Com. LTDA, São Paulo, SP, Brazil) for 8 weeks 16, until they are considered suitable for histological processing by the needle penetration test.

The samples were fixed, diaphanized, clarified and paraffinized in the tissue processor (PT-05, Lupetec® applied technology, Lupe Indústria Tecnológica de Equipamentos para Laboratório LTDA, São Carlos, SP, Brazil) and, afterwards, included in paraffin in a standardized way, by the Laboratory of Pathology and Oral Biology (LAPBIO) in the pathology department of UFSM. With the aid of a microtome (MH-455 Automatic Microtome®, Leipzig Instruments Co. Ltd., DMI Científica do Brasil LTDA, São Paulo), two slides were obtained for each animal, sections of 4 µm were obtained in the vestibule-lingual direction. After assembling the slides, they were placed in an oven at 60°C for 24 hours to remove excess paraffin and subjected to histological staining.

The histological analyzes were performed by a blinded and calibrated observer, which was measured three times by each examiner on different days, in order to reduce the variation of the data, the intra and inter-examiner Kappa coefficient (0.75) was calculated. All images were obtained through an image analysis system (Axiovision, Carl Zeiss MicroImagnig, Jena, Germany), captured with a digital camera coupled to the light

microscope (AxioStar PluSS, Carl Zeiss) and viewed with the aid of a computer with processor (Pentium 4, with 3.00 GHz, 512Mb of RAM - Microsoft Windows XP Operating System - LG monitor FLATRONezT710SH, 64M, 17-inch color), associated with a binocular optical microscope (OLYMPUS, model BX51 / BX52), with camera video (OLYMPUS, model OLY-200) attached.

To capture the images, 4 fields of each slide were chosen, in a standardized way, which covered the area of tooth extraction, with two upper and two lower fields and all images were saved in TIFF format (True Image Format File) <sup>22,18</sup>.

### *Histological analysis*

#### *Analysis of Inflammatory Infiltrate*

The quantitative analysis of the inflammatory infiltrate was performed based on scores, being 0 (absent; 0%), 1 (mild;  $\leq 10\%$ ), 2 (moderate;  $> 10$  and  $\leq 50\%$ ) and 3 (increased;  $> 50\%$ ) in a 100% increase <sup>18</sup>, in a 400% increase the quality of the inflammatory process (acute, chronic or mixed) <sup>18</sup> was analyzed.

#### *Blood Vessel Count*

Quantitative assessment of blood vessels was performed on each slide connective tissue by counting individual capillaries in three distinct fields ( $60 \times 60 \mu\text{m}^2$ ) at 400x 23 magnification, the tissue of this analysis was the soft tissue surrounding the alveolus of the first right lower molar, which was placed in an eppendorf for further analysis. The selection of fields for analysis was standardized in an order from left to right, and from top (limit of connective tissue with epithelium) to bottom.

All capillaries with visible lumen and endothelium were included, with or without red blood cells <sup>24,25</sup>. For counting, the software ZEN 2012 (Blue Edition) was used, installed on a computer with an Intel® Core™ i5 processor model OPTIPLEX 9010, with 3.40 GHz, 8.00 GB of RAM - Microsoft Windows Pro 8 Operating System - DELL Monitor model U2312HM, 23 " LED LCD, associated with a ZEISS binocular optical microscope, model Axio Lab.A1, with video camera AxioCam, model ERc 5S, coupled for the acquisition of microscopic images. All vessel analyzes were performed by two trained examiners (L.B.S and E.C.T), calibrated and blinded to the experimental groups.

### *Measurement of histological variables*

Regarding the quantitative analysis of bone necrosis, it was considered by the presence of eight contiguous empty gaps (without osteocyte) in the bone adjacent to the alveolus, which was performed by tooth extraction, in a 200x increase, and the results were expressed in percentage <sup>19</sup>. The variables, root debris and bone sequestration were evaluated for their absence or presence in the studied cuts and the data expressed as a percentage.

### *Statistical analysis*

Data analysis was performed using STATA 14 (StataCorp. 2014. Stata Statistical Software: version 14.1. College Station, TX: StataCorp LP). Six outcomes were considered: 1) presence of necrosis (no or yes); 2) inflammatory infiltrate - quantitative (absent / mild / moderate / increased); 3) inflammatory infiltrate - qualitative (absent / acute / chronic); 4) bone sequestration (no or yes); 5) presence of root debris (no or yes); and 6) mean blood vessels. For qualitative results, the comparison between groups was performed using Fisher's exact test. For quantitative variables, the One-way ANOVA test with Tukey's post hoc was performed. A significance level of 0.05 was considered

## RESULTS

### *Clinical analysis*

According to our clinical analysis, we did not obtain samples showing exposed bone, nor any clinical signs.

### *Histological analysis*

#### *Bone necrosis.*

Regarding bone necrosis (Figure 3), when comparing the group Zolendronic Acid (GZ) with Alendronate (GAL), all samples presented bone necrosis, where there was no statistically significant difference ( $p < 0.99$ ). The same occurred when comparing the Zolendronic Acid (GZ) group with Denosumab (GDmab), there was also no statistically significant difference ( $p < 0.09$ ). In the GDmab group, only half of the sample presented necrosis (Table 1).

When comparing the GZ group with GNZ, there was a statistically significant difference ( $p < 0.01$ ), since all samples in the GZ group had bone necrosis, whereas in their negative control group (GNZ) the samples did not present bone necrosis. The same occurs when the comparison is made between the groups of the drug Alendronate, GAL and GNAL, where there was a statistically significant difference between them ( $p < 0.01$ ). The comparison of the GDmab and GNDmab groups did not show any statistically significant difference between their groups, as only half of the sample in the GDmab group obtained bone necrosis, whereas in the GNDmab group, no animal presented bone necrosis ( $p < 0.06$ ).

#### *Inflammatory infiltrate*

#### *Quantitative analysis*

In the quantitative analysis of the inflammatory infiltrate (Figure 4) where the scores are classified as absent, mild, moderate and increased, the comparison between the groups did not result in a statistically significant difference (Table 2). The comparison of the GAL and GDmab groups did not show any statistically significant difference ( $p > 0.2$ ), however, in the GAL, its slide showed mild inflammatory infiltrate, whereas in the GDmab group, most samples did not present inflammatory infiltrate. The comparison between the GAL and GNAL groups was not statistically significant ( $p > 0.2$ ), where the



most samples obtained mild inflammatory infiltrate compared to GNAL samples, which did not obtain inflammatory infiltrate.

#### *Qualitative analysis*

According to the qualitative analysis, which consists of absent, acute or chronic inflammatory infiltrate, the comparison of the groups in this study did not show a statistically significant difference (Table 3). The comparison of the GZ and GDmab groups ( $p > 0.2$ ) where, respectively, presented 3 samples with quality of acute inflammatory infiltrate while the other group resulted in the absence of inflammatory infiltrate. In the comparison between the GAL and GDmab groups ( $p > 0.1$ ), GAL presented 2 samples in each quality of inflammatory infiltrate, while GDmab obtained absence of infiltrate in most samples.

#### *Bone sequestration*

The comparison of groups (Table 4), GZ with GAL ( $p > 0.2$ ), GZ with GDmab ( $p > 0.2$ ) and GZ with GNZ ( $p > 0.2$ ), where GZ obtained bone sequestration (Figure 5) in his histological slides, GAL, GDmab and GNZ did not obtain bone sequestration in their samples, however, no analysis with statistically significant results.

#### *Root Rest*

According to the measurement of this variable, we did not obtain a statistically significant difference (Table 5). Groups GZ and GAL ( $p > 0.2$ ), where the first contained total absence of root rest on the slide and the second obtained two samples with the presence of this category. GAL with GDmab ( $p > 0.2$ ) where the first group presented 4 samples with the presence of root rest, while the other obtained total absence. And finally, comparison of the GAL with GNAL ( $p > 0.2$ ), where the first presented 4 positive samples to the remaining root present in the slide while its comparative group, resulted in total absence of the variant. Thus, this variable also did not present statistically significant results.

#### *Blood vessels*

In the blood vessel count (Table 6), there was a statistically significant difference between the GZ and GDmab groups ( $p < 0.05$ ), with the GZ group having a smaller

number of vessels than the GDmab. In the other groups, there was no statistically significant difference.

## DISCUSSION

The results of the study suggest that the bisphosphonate group was able to induce histological MRONJ, as well as a reduction in the amount of blood vessels, demonstrating that MRONJ may be present, even subclinically, depending on the stage 0 presented by Ruggiero and collaborators in 2014<sup>1</sup>.

This finding can be justified by the mechanism of action of the BFs being more aggressive when compared to Denosumab. Because the BFs increase the affinity with hydroxyapatite and consequently they adhere to bone tissue, resulting in apoptosis of mature osteoclasts and angiogenic alteration, thereby preventing bone resorption. The Denosumab, on the other hand, act on the bone cascade, not severely altering resorption, resulting in minimal angiogenic alteration<sup>31</sup>.

The inhibitory effects of BFs on angiogenesis and endothelial cell activity have been frequently reported in the literature. The increase in gene expression of vascular endothelial growth factor (VEGF) is directly influenced by inflammation mediators present mainly after extractions, where there is a delay in healing, thus developing MRONJ<sup>29,26</sup>. The cause of this increase in VEGF can be justified by the presence of cellular hypoxia in bone tissue, which becomes an important regulator in angiogenesis, so in bone tissue with less vascularization, we have a stimulus to increase VEGF<sup>30</sup>. While the Dmab, act on the bone mechanism, not significantly altering the resorption<sup>31</sup>. In this study, there was a smaller amount of blood vessels in the BF group, while the Dmab group did not show any significant change. Thus, the number of vessels present in the lamina expresses the irrigation of that tissue, the smaller the number of vessels, the greater the risk of necrosis at the site<sup>27</sup>.

The decrease in the amount of blood vessels is directly related to inflammatory mediators, as is the case of neutrophils, which are the main cells found in the acute inflammatory infiltrate and responsible for the first defense of the organism. In bone tissues submitted to Dmab, we did not obtain a statistically significant difference regarding the quality and quantity of this infiltrate, which is in line with the results presented in the literature<sup>20</sup>. This can be justified by the fact that by its mechanism of action, the suppression of the RANKL molecule is stopped by altering function and differentiation of osteoclasts. The group of BFs, on the other hand, obtained a prevalence

of acute inflammatory infiltrate, but in another study there was no statistically significant difference in the inflammatory infiltrate<sup>18</sup>, which can be explained by the blockage of the signaling pathway that BFs perform in the signaling pathway of marrow cells<sup>28</sup>.

Regarding the clinical appearance of these necrotic bone lesions, in our study it was not present, as well as other studies that compare only BFs<sup>22,33</sup>, which can be justified by the presence of subclinical jaw osteonecrosis, as reported<sup>1</sup>, where there is no bone necrosis exposure, with symptoms such as ulcerations, extra-oral fistula and radiographic changes<sup>9</sup>. Clinically visible MRONJ is reported in the literature in studies that compare both BFs associated with corticosteroids, as well as the comparison of 2 BFs or even BFs with Dmab<sup>18,27,34</sup>, and the presence of clinical signs can be justified by the established dosage, trauma list and time of submission of samples to treatment.

Among the risk factors that may favor the appearance of MRONJ, they are summarized in three questions: local risk, pathology and the type of medication used<sup>35</sup>. Therefore, it is already known that both BFs and Dmab are potential drugs for inducing MRONJ, in relation to local risk, it is already known that both dental infections and periodontal diseases are collaborative for the development of osteonecrosis of the jaws, as they end up increasing acidity in the area of infection leading to the suppression of healing mechanisms, which may result in necrosis<sup>36</sup>, as well as tooth extraction, which is the most common factor for MRONJ development<sup>37</sup>.

Variants such as: bone sequestration and root debris, we obtained positive results in the groups that contained BFs, although not statistically significant. However, these are extremely important outcomes for the occurrence of MRONJ, as they are potential local risks that cause secondary infections, which can be further addressed in future scientific research covering this topic.

The results of this study demonstrated that groups submitted to BFs obtained a smaller amount of blood vessels and a higher prevalence of MRONJ. However, visible clinical signs of necrotic bone lesions were not positive in the samples. Therefore, the etiopathogenesis of this necrotic bone lesion has not yet been defined, there is a need for further studies with animal models to remedy this problem in order to assist in clinical practice in a satisfactory manner.

## **CONCLUSION**

Osteonecrosis of the jaws (MRONJ) has an unknown etiopathogenesis, requiring animal models to help define this problem. In order to collaborate with this problem, in this study it was evidenced that anti-resorptives of the bisphosphonate class (Alendronate Sodium and Zolendronic Acid) result in a greater number of samples with MRONJ and with a smaller amount of blood vessels, when compared to another class of antiresorptive agents, Denosumab (Prolia). Thus, we conclude that, due to the decrease in angiogenesis and the increase in MRONJ in bone tissue, bisphosphonates have a greater alteration in the bone mechanism.

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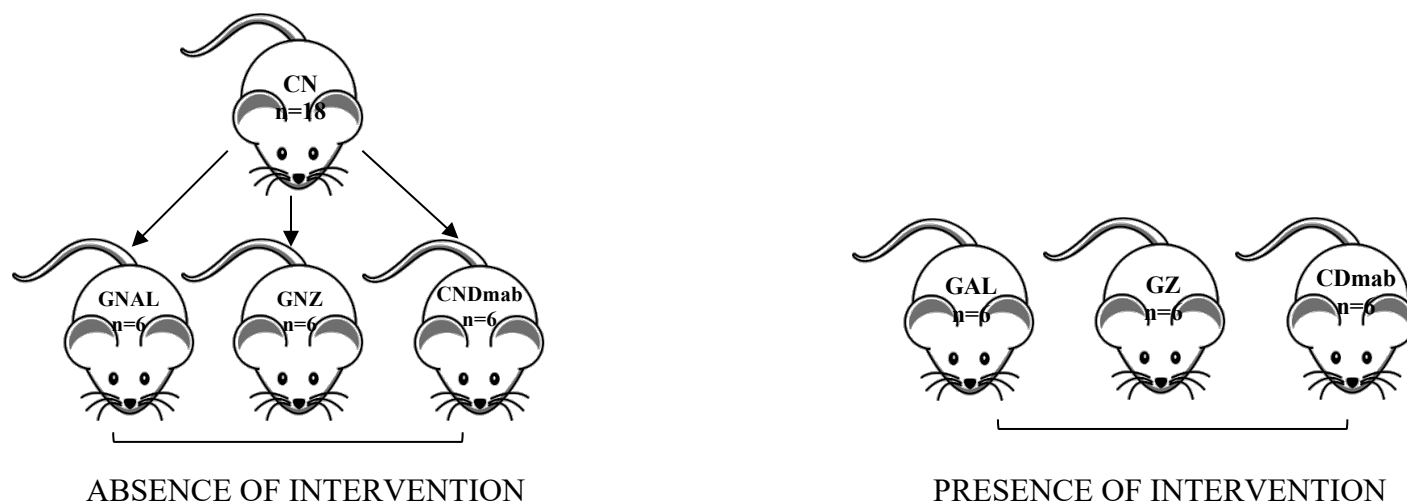
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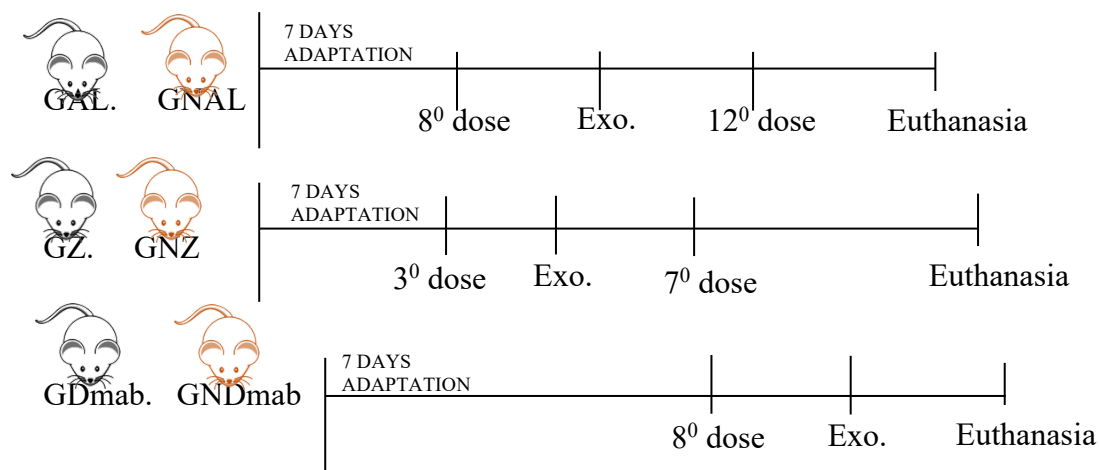
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**Figure 1.** Experimental study groups.

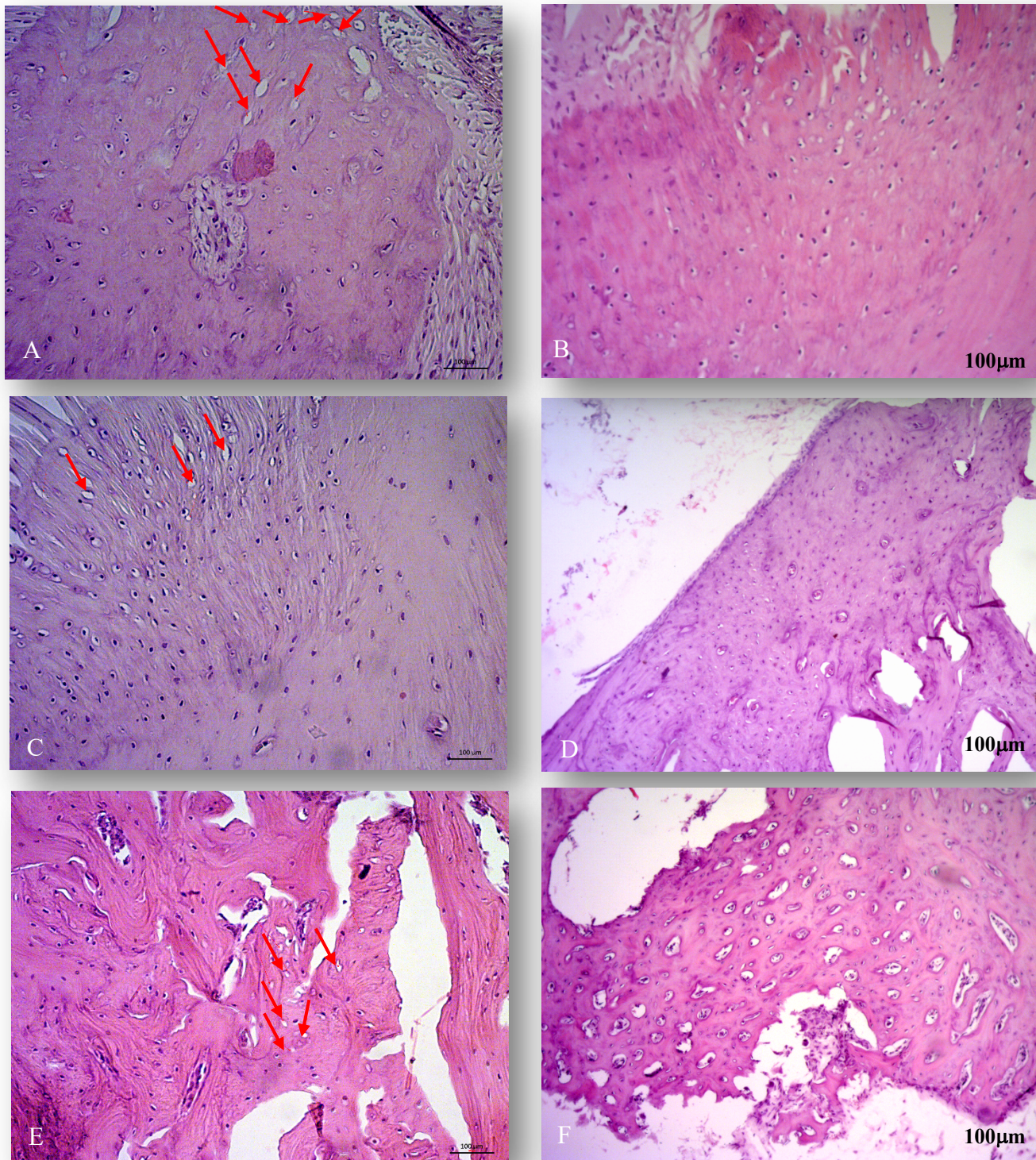


**Figure 2.** Experimental study design.





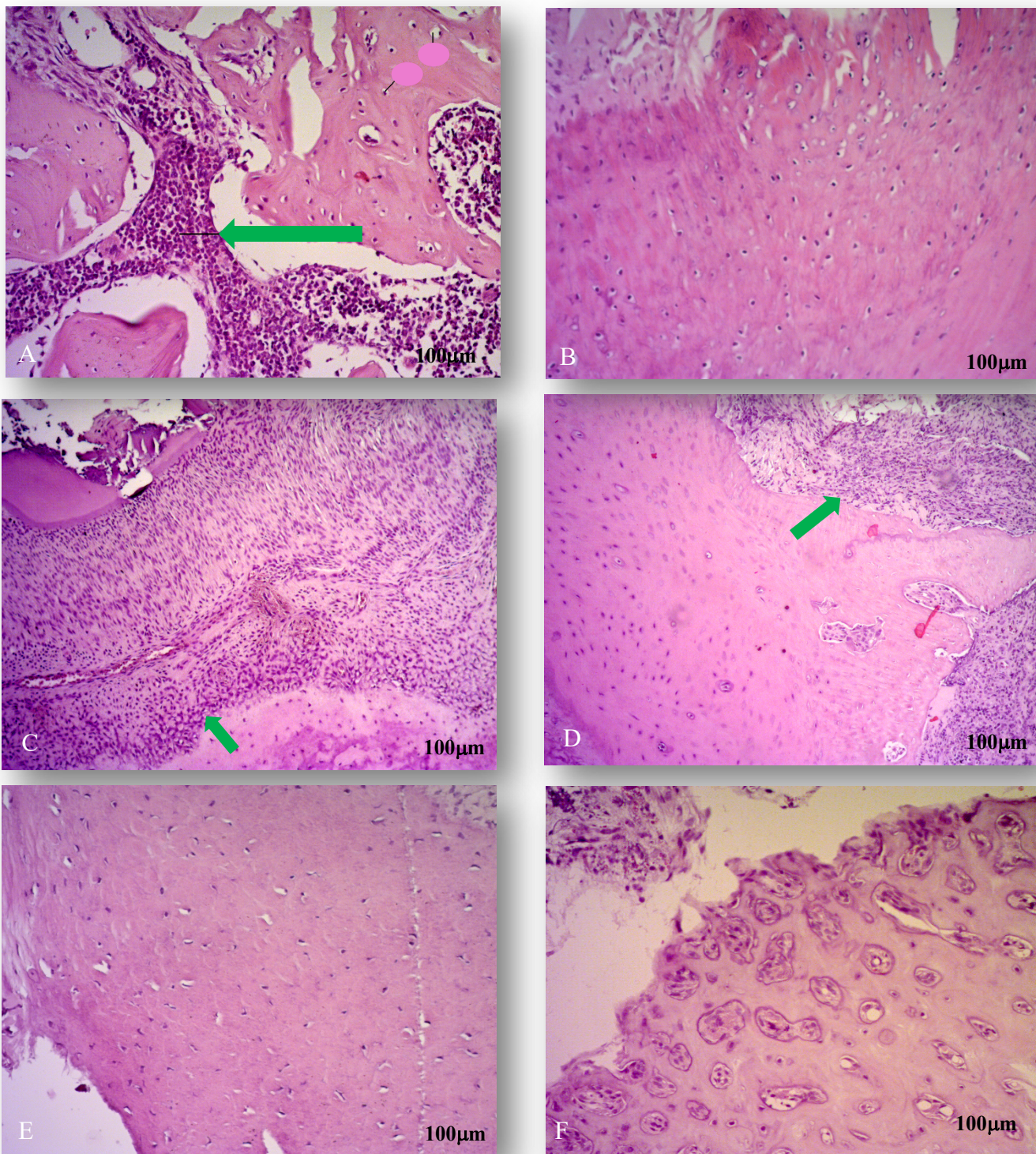
**Figure 3. Influence of the use of antiresorptives on bone tissue**



Photos of histological slides from the regions adjacent to the extraction of the first molar after euthanasia of animals. Demonstrates, at the tip of the red arrows, GZ (A) with 8 continuous gaps without the presence of osteocytes, confirming bone necrosis. GNZ (B) in a listed section, presence of osteocytes in the gaps, as well as the GNAL (D) and GNDmab (F) group, characterizing normal bone tissue. In relation to the GAL (C) it presented empty gaps, however in a reduced number, as well as GDmab (E). Hematoxylin / Eosin staining technique, 400x increase.



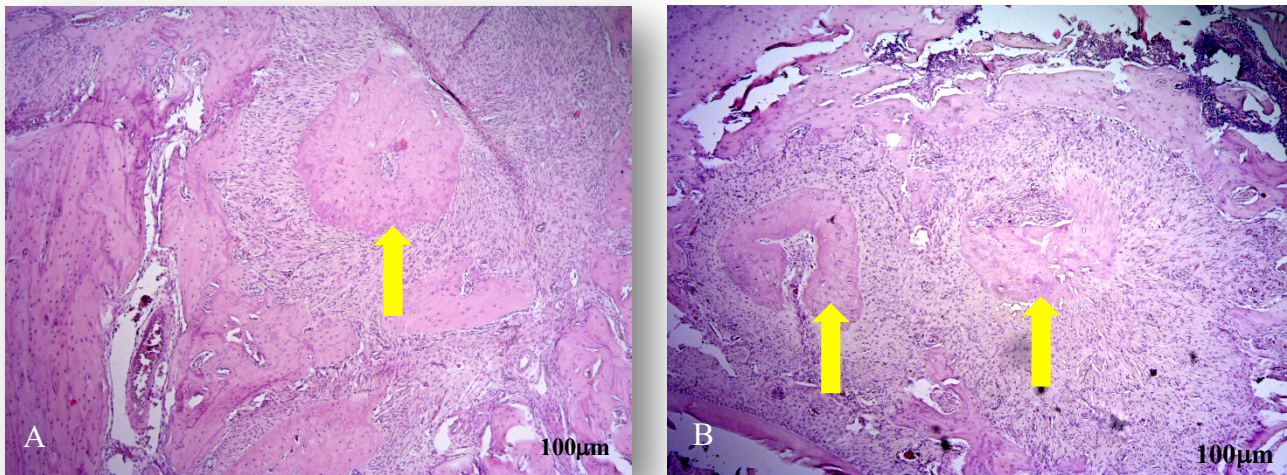
**Figure 4. Influence of antiresorptives on inflammatory mediators**



Photos of histological slides from the regions adjacent to the extraction of the first molar after euthanasia of animals. Demonstrates, at the tip of the green arrows, GZ (A) an inflammatory infiltrate of acute quality. GNZ (B) with no inflammatory infiltrate, as well as GDmab (E) and GNDmab (F). GAL (C) shows an inflammatory infiltrate in the mild quantity and in the acute quality, indicated by the green arrow; its negative control (GNAL) (D) also has an inflammatory infiltrate, but in chronic quality, indicated by the green arrow. Hematoxylin / Eosin staining technique, 400x increase.



**Figure 5. Result of the use of bisphosphonates in bone tissue.**



Photos of histological slides from the regions adjacent to the extraction of the first molar after euthanasia of animals. Demonstrates, at the tip of the yellow arrows, in GZ (A) and GAL (B) bone sequestration. Hematoxylin / Eosin staining technique, 200x increase.

**Table 1.** Comparison of the different medication groups in the occurrence of necrosis

Variables	Necrosis [n (%)]		p-value*
	No	Yes	
<b>Groups</b>			0.99
Zoledronic acid	0 (0.0)	6 (100.0)	
Alendronate	0 (0.0)	6 (100.0)	
<b>Groups</b>			0.09
Zoledronic acid	0 (0.0)	6 (100.0)	
Denosumab	3 (50.0)	3 (50.0)	
<b>Groups</b>			0.09
Alendronate	0 (0.0)	6 (100.0)	
Denosumab	3 (50.0)	3 (50.0)	
<b>Groups</b>			<0.01
Zoledronic acid	0 (0.0)	6 (100.0)	
GNZ	6 (100.0)	0 (0.0)	
<b>Groups</b>			<0.01
Alendronate	0 (0.0)	6 (100.0)	
GNAL	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.06
Denosumab	3 (50.0)	3 (50.0)	
GNDmab	5 (100.0)	0 (0.0)	

\*Fisher's exact test.

**Table 2.** Comparison of the different medication groups in the infiltrate inflammatory (quantitative evaluation)

Variables	Infiltrate inflammatory [n (%)]				p-value*
	Absent	Mild	Moderate	Increased	
<b>Groups</b>					0.75
Zoledronic acid	2 (33.3)	2 (33.3)	1 (16.7)	1 (16.7)	
Alendronate	2 (33.3)	3 (50.0)	0 (0.0)	1 (16.7)	
<b>Groups</b>					0.31
Zoledronic acid	2 (33.3)	2 (33.3)	1 (16.7)	1 (16.7)	
Denosumab	5 (83.3)	1 (16.7)	0 (0.0)	0 (0.0)	
<b>Groups</b>					0.24
Alendronate	2 (33.3)	3 (50.0)	0 (0.0)	1 (16.7)	
Denosumab	5 (83.3)	1 (16.7)	0 (0.0)	0 (0.0)	
<b>Groups</b>					0.74
Zoledronic acid	2 (33.3)	2 (33.3)	1 (16.7)	1 (16.7)	
GNZ	4 (66.6)	1 (16.7)	1 (16.7)	0 (0.0)	
<b>Groups</b>					0.24
Alendronate	2 (33.3)	3 (50.0)	0 (0.0)	1 (16.7)	
GNAL	5 (83.3)	1 (16.7)	0 (0.0)	0 (0.0)	
<b>Groups</b>					0.72
Denosumab	5 (83.3)	1 (16.7)	0 (0.0)	0 (0.0)	
GNDmab	4 (80.0)	1 (20.0)	0 (0.0)	0 (0.0)	

\*Fisher's exact test.

**Table 3.** Comparison of the different medication groups in the infiltrate inflammatory (qualitative evaluation)

Variables	Infiltrate inflammatory [n (%)]			p-value*
	Absent	Acute	Chronic	
<b>Groups</b>				0.76
Zoledronic acid	2 (33.3)	3 (50.3)	1 (16.7)	
Alendronate	2 (33.3)	2 (33.3)	2 (33.3)	
<b>Groups</b>				0.24
Zoledronic acid	2 (33.3)	3 (50.3)	1 (16.7)	
Denosumab	5 (83.3)	1 (16.7)	0 (0.0)	
<b>Groups</b>				0.19
Alendronate	2 (33.3)	2 (33.3)	2 (33.3)	
Denosumab	5 (83.3)	1 (16.7)	0 (0.0)	
<b>Groups</b>				0.56
Zoledronic acid	2 (33.3)	3 (50.3)	1 (16.7)	
GNZ	4 (66.7)	2 (33.3)	0 (0.0)	
<b>Groups</b>				0.31
Alendronate	2 (33.3)	2 (33.3)	2 (33.3)	
GNAL	5 (83.3)	0 (0.0)	1 (16.7)	
<b>Groups</b>				0.36
Denosumab	5 (83.3)	1 (16.7)	0 (0.0)	
GNDmab	4 (80.0)	0 (0.0)	1 (20.0)	

\*Fisher's exact test.



**Table 4.** Comparison of the different medication groups in the occurrence of bone sequestrum

Variables	Bone sequestrum [n (%)]		p-value*
	No	Yes	
<b>Groups</b>			0.22
Zoledronic acid	4 (66.7)	2 (33.3)	
Alendronate	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.22
Zoledronic acid	4 (66.7)	2 (33.3)	
Denosumab	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.99
Alendronate	0 (0.0)	6 (100.0)	
Denosumab	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.22
Zoledronic acid	4 (66.7)	2 (33.3)	
GNZ	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.99
Alendronate	0 (0.0)	6 (100.0)	
GNAL	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.99
Denosumab	3 (50.0)	3 (50.0)	
GNDmab	5 (100.0)	0 (0.0)	

\*Chi-squared test.

**Table 5.** Comparison of the different medication groups in the presence of root rest

Variables	Root rest[n (%)]		p-value*
	No	Yes	
<b>Groups</b>			0.22
Zoledronic acid	6 (100.0)	0 (0.0)	
Alendronate	4 (66.7)	2 (33.3)	
<b>Groups</b>			0.99
Zoledronic acid	6 (100.0)	0 (0.0)	
Denosumab	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.22
Alendronate	4 (66.7)	2 (33.3)	
Denosumab	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.99
Zoledronic acid	6 (100.0)	0 (0.0)	
GNZ	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.22
Alendronate	4 (66.7)	2 (33.3)	
GNAL	6 (100.0)	0 (0.0)	
<b>Groups</b>			0.99
Denosumab	6 (100.0)	0 (0.0)	
GNDmab	5 (100.0)	0 (0.0)	

\*Chi-squared test.

**Table 6.** Comparison of the different medication groups in the mean of blood vessels

<b>Variables</b>	<b>Blood vessels [mean (SD)]</b>	<b>p-value*</b>
<b>Groups</b>		0.99
Zoledronic acid	6.0 (4.9)	
Alendronate	5.6 (3.2)	
<b>Groups</b>		<0.05
Zoledronic acid	6.0 (4.9)	
Denosumab	7.8 (5.6)	
<b>Groups</b>		0.98
Alendronate	5.6 (3.2)	
Denosumab	7.8 (5.6)	
<b>Groups</b>		0.98
Zoledronic acid	6.0 (4.9)	
GNZ	8.1 (6.5)	
<b>Groups</b>		0.50
Alendronate	5.6 (3.2)	
GNAL	11.1 (6.4)	
<b>Groups</b>		0.71
Denosumab	7.8 (5.6)	
GNDmab	3.2 (4.6)	

SD, standard deviation; \*Anova one-way, post hoc Tukey.

### **3. Conclusão**

A MRONJ esteve presente neste estudo de forma histológica na lâmina de animais submetidos a BFs, bem como uma diminuição na quantidade de vasos. Assim demonstrando, que pelo seu mecanismo de ação ser mais local e mais duradouro, os BFs apresentam mais MRONJ do que quando comparado aos Dmab. Portanto estudos que possuam uma metodologia padronizada, considerando o estágio clínico da MRONJ zero, necessitam ser feitos para corroborar para a descoberta da etiopatogenia desta lesão.

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## ANEXO A- APROVAÇÃO PELA COMISSÃO DE ÉTICA NO USO DE ANIMAIS



Comissão de Ética no Uso de Animais

da

Universidade Federal de Santa Maria

### CERTIFICADO

Certificamos que a proposta intitulada "AVALIAÇÃO DE MODELOS DE OSTEONECROSE MANDIBULAR INDUZIDA POR DROGAS ANTIRREABSORPTIVAS EM RATOS WISTAR", protocolada sob o CEUA nº 9967260318 (ID 002000), sob a responsabilidade de **Cristiane Cademartori Danesi** e equipe; *Victor de Mello Palma; Eva Aguiar Almeida Campos Castro Torriani; Roberto Marinho Maciel; Gustavo Nogara Dotto; Kivia Linhares Ferrazzo; Raquel Cristine Silva Barcelos; Luisa Machado Barin; Luisa Berlatto Silva* - que envolve a produção, manutenção e/ou utilização de animais pertencentes ao filo Chordata, subfilo Vertebrata (exceto o homem), para fins de pesquisa científica ou ensino - está de acordo com os preceitos da Lei 11.794 de 8 de outubro de 2008, com o Decreto 6.899 de 15 de julho de 2009, bem como com as normas editadas pelo Conselho Nacional de Controle da Experimentação Animal (CONCEA), e foi **aprovada** pela Comissão de Ética no Uso de Animais da Universidade Federal de Santa Maria (CEUA/UFSM) na reunião de 07/06/2018.

We certify that the proposal "EVALUATION OF MANDIBULAR INDUCED OSTEONECROSIS MODELS BY ANTIRREABSORPTIVE DRUGS IN WISTAR RATS", utilizing 36 Heterogenics rats (36 males), protocol number CEUA 9967260318 (ID 002000), under the responsibility of **Cristiane Cademartori Danesi** and team; *Victor de Mello Palma; Eva Aguiar Almeida Campos Castro Torriani; Roberto Marinho Maciel; Gustavo Nogara Dotto; Kivia Linhares Ferrazzo; Raquel Cristine Silva Barcelos; Luisa Machado Barin; Luisa Berlatto Silva* - which involves the production, maintenance and/or use of animals belonging to the phylum Chordata, subphylum Vertebrata (except human beings), for scientific research purposes or teaching - is in accordance with Law 11.794 of October 8, 2008, Decree 6899 of July 15, 2009, as well as with the rules issued by the National Council for Control of Animal Experimentation (CONCEA), and was **approved** by the Ethic Committee on Animal Use of the Federal University of Santa Maria (CEUA/UFSM) in the meeting of 06/07/2018.

Finalidade da Proposta: [Pesquisa](#)

Vigência da Proposta: de [04/2018](#) a [08/2019](#)

Área: [Bioquímica E Biologia Molecular](#)

Origem: [Biotério Central UFSM](#)

Espécie: [Ratos heterogênicos](#)

sexo: [Machos](#)

idade: [2 a 3 meses](#)

N: [36](#)

Linhagem: [Wistar](#)

Peso: [200 a 300 g](#)

Local do experimento: Biotério setorial da Parasitologia (prédio 20) LAPBIO Laboratório de Patologia e Biologia Oral (prédio 20)

Santa Maria, 02 de junho de 2020

Prof. Dra. Patrícia Severo do Nascimento  
Coordenadora da Comissão de Ética no Uso de Animais  
Universidade Federal de Santa Maria

Prof. Dr. Saulo Tadeu Lemos Pinto Filho  
Vice-Cordenador da Comissão de Ética no Uso de Animais  
Universidade Federal de Santa Maria



**ANEXO B. NORMAS PARA PUBLICAÇÃO NO PERIODICO  
BRAZILIAN ORAL RESEARCH.**



ISSN 1807-3107 *online version*

**INSTRUCTIONS TO AUTHORS**

- [Mission, scope, and submission policy](#)
- [Presentation of the manuscript](#)
- [Characteristics and layouts of types of manuscripts](#)
- [Copyright transfer agreement and responsibility statements](#)
- [Publication fees](#)
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**Mission, scope, and submission policy**

Brazilian Oral Research - BOR (online version ISSN 1807-3107) is the official publication of the *Sociedade Brasileira de Pesquisa Odontológica - SBPqO* (the Brazilian division of the International Association for Dental Research - IADR). The is rated A2 Qualis Capes (Dentistry), Impact Factor <sup>™</sup> / 20182019 1,508 (Institute for Scientific Information - ISI), is peer-reviewed (double-blind system), and its mission is to disseminate and promote an information interchange concerning the several fields in dentistry research and/or related areas with gold open access.

**BOR** accepts submission of the following typologies: Original Research (complete manuscript or Short Communication), Systematic Review (and Meta-Analysis) and Letters to the Editor. All submissions must be exclusive to BOR.

Critical literature reviews are articles written at the invitation of the editor.

Manuscripts and all corresponding documentation should be exclusively submitted through ScholarOne Manuscripts<sup>™</sup> via the online submission link (<http://mc04.manuscriptcentral.com/bor-scielo>).

The evaluation process of manuscript's scientific content will only be initiated after meeting of all the requirements described in the present Instructions for Authors. Any manuscript that does not meet these requirements will be returned to the corresponding author for adaptations.

Important: Once having been accepted on their scientific merit, all manuscripts will be submitted for grammar and style revision as per the English language. Contact BOR by [bor@sbpgo.org.br](mailto:bor@sbpgo.org.br) to get information about the recommended translation companies. The authors should forward the revised text with the enclosed revision certificate provided by the chosen editing company. **Linguistic revisions performed by companies that are not among those indicated by BOR will not be accepted.**

### **Presentation of the manuscript**

The manuscript text should be written in English and provided in a digital file compatible with "Microsoft Word" (in DOC, DOCX, or RTF format).

All figures (including those in layouts/combinations) must be provided in individual and separate files, according to recommendations described under the specific topic.

Photographs, micrographs, and radiographs should be provided in TIFF format, according to the recommendations described under the specific topic.

Charts, drawings, layouts, and other vector illustrations must be provided in a PDF format individually in separate files, according to the recommendations described under the specific topic. Video files may be submitted as per the specifications, including the author's anonymity (for purposes of evaluation) and respect for the patient's rights.

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### **Title page (compulsory data)**

- Indication of the thematic area of the research focused on in the manuscript.
- Thematic Areas: Anatomy; Basic Implantodontology and Biomaterials; Behavioral Sciences; Biochemistry; Cariology; Community Dental Health; Craniofacial Biology; Dental Materials; Dentistry; Endodontic Therapy; Forensic Dentistry; Geriatric Dentistry; Imagination; Immunology;

Implantodontology – Prosthetics; Implantodontology – Surgical; Infection Control; Microbiology; Mouth and Jaw Surgery; Occlusion; Oral Pathology; Orthodontics; Orthopedics; Pediatric Dentistry; Periodontics; Pharmacology; Physiology; Prosthesis; Pulp Biology; Social/Community Dentistry; Stomatology; Temporomandibular Joint Dysfunction.

- Informative and concise title, limited to a maximum of 110 characters, including spaces.
- Full names of all authors, including their e-mail, and ORCID.

Authors are recommended to compare their names noted on the Title Page with the profile created in ScholarOne™, in order to avoid incompatibilities.

- Institutional/professional affiliation data for all authors, including university or entity in the original language, college/course in English, department in English, city, state and country. **Only one affiliation per author is accepted.** Check that affiliations have been entered correctly in ScholarOne™.

## Main Text

**Abstract:** Must be presented as a single paragraph (without subdivisions into sections, containing objective, methodology, results, and conclusions). In the System if applicable, use the Special characters tool for special characters.

**Keywords:** Ranging from 3 (three) to 5 (five) main descriptors should be provided, chosen from the keywords registered at <https://meshb.nlm.nih.gov/search> (no synonyms will be accepted).

**Introduction:** This should present the relevance of the study, and its connection with other published works in the same line of research or field, identifying its limitations and possible biases. The objective of the study should be concisely presented at the end of this section.

**Methodology:** All the features of the material pertinent to the research subject should be provided (*e.g.*, tissue samples or research subjects). The experimental, analytical, and statistical methods should be described in a concise manner, although in detail, sufficient to allow others to recreate the work. Data from manufacturers or suppliers of products, equipment, or software must be explicit when first mentioned in this section, as follows: manufacturer's name, city, and country. The computer programs and statistical methods must also be specified. Unless the objective of the work is to compare products or specific systems, the trade names of techniques, as well as products, or scientific and clinical equipment should only be cited in the "Methodology" and "Acknowledgments" sections, according to each case. Generic names should be used in the remainder of the manuscript, including the title. Manuscripts containing radiographs, microradiographs, or

SEM images, the following information must be included: radiation source, filters, and kV levels used. Manuscripts reporting studies on humans should include proof that the research was ethically conducted according to the Helsinki Declaration (*World Medical Association*, <http://www.wma.net/en/30publications/10policies/b3/>). The approval protocol number issued by an Institutional Ethics Committee must be cited. Observational studies should follow the STROBE guidelines (<http://strobe-statement.org/>), and the check list must be submitted. Clinical Trials must be reported according to the CONSORT Statement standard protocol (<http://www.consort-statement.org/>); systematic reviews and meta-analysis must follow the PRISMA (<http://www.prisma-statement.org/>), or Cochrane protocol (<http://www.cochrane.org/>).

## Clinical Trials

Clinical Trials according to the CONSORT guidelines, available at [www.consort-statement.org](http://www.consort-statement.org). The clinical trial registration number and the research registration name will be published along with the article.

Manuscripts reporting studies performed on animals must also include proof that the research was conducted in an ethical manner, and the approval protocol number issued by an Institutional Ethics Committee should be cited. In case the research contains a gene registration, before submission, the new gene sequences must be included in a public database, and the access number should be provided to BOR. The authors may use the following databases:

- GenBank: <http://www.ncbi.nlm.nih.gov/Genbank/submit>
- EMBL: <http://www.ebi.ac.uk/embl/Submission/index.html>
- DDBJ: <http://www.ddbj.nig.ac.jp>

Manuscript submissions including microarray data must include the information recommended by the MIAME guidelines (Minimum Information About a Microarray Experiment: <http://www.mged.org/index.html>) and/or itemize how the experimental details were submitted to a publicly available database, such as:

- ArrayExpress: <http://www.ebi.ac.uk/arrayexpress/>
- GEO: <http://www.ncbi.nlm.nih.gov/geo/>

**Results:** These should be presented in the same order as the experiment was performed, as described under the “Methodology” section. The most significant results should be described. Text, tables, and figures should not be repetitive. Statistically relevant results should be presented with enclosed corresponding p values.

**Tables:** must be numbered and cited consecutively in the main text, in Arabic numerals. Tables must be submitted separately from the text in DOC, DOCX, or format (they can be gathered in a single file).

**Discussion:** This must should discuss the study results in

relation to the work hypothesis and relevant literature. It should describe the similarities and differences of the study in relation to similar studies found in literature, and provide explanations for the possible differences found. It must also identify the study's limitations and make suggestions for future research.

**Conclusions:** must be presented in a concise manner and be strictly based on the results obtained in the research. Detailing of results, including numerical values, etc., must not be repeated.

**Acknowledgments:** Contributions by colleagues (technical assistance, critical comments, etc.) must be given, and any bond between authors and companies must be revealed. This section must describe the research funding source(s), including the corresponding process numbers.

**References:** Only publications from peer-reviewed journals will be accepted as references.

Reference citations must be identified in the text with superscript Arabic numerals. The complete reference list must be presented after the "Acknowledgments" section, and the references must be numbered and presented in Vancouver Style in compliance with the guidelines provided by the International Committee of Medical Journal Editors, as presented in Uniform Requirements for Manuscripts Submitted to Biomedical Journals (<http://www.ncbi.nlm.nih.gov/books/NBK7256/>). The journal titles should be abbreviated according to the List of Journals Indexed in Index Medicus (<http://www.ncbi.nlm.nih.gov/nlmcatalog/journals>). The authors shall bear full responsibility for the accuracy of their references.

**Spelling of scientific terms:** When first mentioned in the main text, scientific names (binomials of microbiological, zoological, and botanical nomenclature) must be written out in full, as well as the names of chemical compounds and elements.

**Units of measurement:** These must be presented according to the International System of Units (<http://www.bipm.org> or <http://www.inmetro.gov.br/consumidor/unidLegaisMed.asp>).

**Footnotes on the main text:** These must be indicated by asterisks and restricted to the bare minimum.

**Figures:** Photographs, microradiographs, and radiographs must be at least 10 cm wide, have at least 500 dpi of resolution, and be provided in TIFF format. Charts, drawings, layouts, and other vector illustrations must be provided in a PDF format. All the figures must be submitted individually in separate files (Figure 1a, Figure 1b, Figure 2...) and not inserted into the text file.

Figures must be numbered and consecutively cited in the main text in Arabic numerals. Figure legends should be inserted together at the end of the text, after the references.

## Characteristics and layouts of types of manuscripts

### Original Research

Limited to 30,000 characters including spaces (considering the introduction, methodology, results, discussion, conclusion, acknowledgments, tables, references, and figure legends). A maximum of 8 (eight) figures and 40 (forty) references will be accepted. The abstract can contain a maximum of 250 words.

### Layout

- Title Page
- Main text (30,000 characters including spaces)
- Abstract: a maximum of 250 words
- Keywords: 3 (three)-5 (five) main descriptors
- Introduction
- Methodology
- Results
- Discussion
- Conclusion
- Acknowledgments
- References: maximum of 40 references
- Figure legends
- Figures: a maximum of 8 (eight) figures, as described above
- Tables.

### Short Communication

Limited to 10,000 characters including spaces (considering the introduction, methodology, results, discussion, conclusion, acknowledgments, tables, references, and figure legends). A maximum of 2 (two) figures and 12 (twelve) references will be allowed. The abstract can contain a maximum of 100 words.

### Layout

- Title page
- Main text (10,000 characters including spaces)
- Abstract: a maximum of 100 words
- Descriptors: 3 (three)-5 (five) main descriptors
- Introduction
- Methodology
- Results
- Discussion
- Conclusion
- Acknowledgments
- References: a maximum of 12 references
- Figure legends

- Figures: a maximum of 2 (two) figures, as described above
- Tables.

## **Critical Review of Literature**

The submission of this type of manuscript will be performed only by invitation of the BOR Publishing Commission. All manuscripts will be submitted to peer-review. This type of manuscript must have a descriptive and discursive content, focusing on a comprehensive presentation and discussion of important and innovative scientific issues, with a limit of 30,000 characters including spaces (considering the introduction, methodology, results, discussion, conclusion, acknowledgments, tables, references, and figure legends). It must include a clear presentation of the scientific object, logical argumentation, a methodological and theoretical critical analysis of the studies, and a summarized conclusion. A maximum of 6 (six) figures and 50 (fifty) references is permitted. The abstract must contain a maximum of 250 words.

## **Layout**

- Title page
- Main text (30,000 characters including spaces)
- Abstract: a maximum of 250 words
- Keywords: 3 (three)-5 (five) main descriptors
- Introduction
- Methodology
- Results
- Discussion
- Conclusion
- Acknowledgments
- References: maximum of 50 references
- Figure legends

## **Layout**

- Figures: a maximum of 6 (six) figures, as described above
- Tables.

## **Systematic Review and Meta-Analysis**

While summarizing the results of original studies, quantitative or qualitative, this type of manuscript should answer a specific question, with a limit of 30,000 characters, including spaces, and follow the Cochrane format and style ([www.cochrane.org](http://www.cochrane.org)). The manuscript must report, in detail, the process of the search and retrieval of the original works, the selection criteria of the studies included in the review, and provide an abstract of the results obtained in the reviewed studies (with or

without a meta-analysis approach). There is no limit to the number of references or figures. Tables and figures, if included, must present the features of the reviewed studies, the compared interventions, and the corresponding results, as well as those studies excluded from the review. Other tables and figures relevant to the review must be presented as previously described. The abstract can contain a maximum of 250 words.

## **Layout**

- Title page
- Main text (30,000 characters including spaces)
- Abstract: a maximum of 250 words
- Question formulation
- Location of the studies
- Critical Evaluation and Data Collection
- Data analysis and presentation
- Improvement
- Review update
- References: no limit on the number of references

## **Layout - Graphic Files**

- Figures: no limit on the number of figures
- Tables.

## **Letter to the Editor**

Letters must include evidence to support an opinion of the author(s) about the scientific or editorial content of the BOR, and must be limited to 500 words. No figures or tables are permitted.

## **"CHECKLIST" FOR INITIAL SUBMISSION**

- Title page file (Title Page, in DOC, DOCX or RTF format).
- Main text file (Main Document, manuscript), in DOC, DOCX or RTF format.
- Tables, in DOC, DOCX or EXCELL format.
- Figures: Photographs, micrographs and radiographs (minimum width of 10 cm and minimum resolution of 500 DPI) in TIFF format. (<http://www.ncbi.nlm.nih.gov/pmc/pub/filespec-images/>). Graphics, drawings, diagrams and other vector illustrations in PDF format. Each figure must be submitted in separate and individual files (not included in the text file).
- Declaration of interests and funding, submitted in a separate document and in PDF format.



The manuscript submitted for publication must include the Copyright Transfer Agreement and the Responsibility Statements, available in the online system and mandatory.

## **Plagiarism**

**BOR** employs a plagiarism detection system. When sending your manuscript to the Journal, this manuscript can be traced. This is not related to the simple repetition of names/affiliations, but involves phrases or texts used.

## **Publication fees**

Authors are not required to pay for the submission or review of articles.

## **EXAMPLES OF REFERENCES**

### **Journals**

Bhutta ZA, Darmstadt GL, Hasan BS, Haws RA. Community-based interventions for improving perinatal and neonatal health outcomes in developing countries: a review of the evidence. *Pediatrics*. 2005;115(2 Suppl):519-617. <https://doi.org/10.1542/peds.2004-1441>

### **Articles with title and text in a language other than English**

Li YJ, He X, Liu LN, Lan YY, Wang AM, Wang YL. [Studies on chemical constituents in herb of *Polygonum orientale*]. *Zhongguo Ahong Yao Za Zhi*. 2005 Mar;30(6):444-6. Chinese.

### **Supplements or Special Editions**

Pucca Junior GA, Lucena EHG, Cawahisa PT. Financing national policy on oral health in Brazil in the context of the Unified Health System. *Braz Oral Res*. 2010 Aug;24 Spec Iss 1:26-32.

### **Books**

Stedman TL. *Stedman's medical dictionary: a vocabulary of medicine and its allied sciences, with pronunciations and derivations*. 20th ed. Baltimore: Williams & Wilkins; 1961.

### **Online Books**

Foley KM, Gelband H, editors. *Improving palliative care for cancer* [monograph on the Internet]. Washington: National Academy Press; 2001 [cited 2002 Jul 9]. Available

from: <http://www.nap.edu/books/0309074029/html/>

### **Websites**

Cancer-Pain.org [homepage on the Internet]. New York: Association of Cancer Online Resources, Inc.; c2000 [cited 2002 Jul 9]. Available from: <http://www.cancer-pain.org/>

Instituto Brasileiro de Geografia e Estatística [homepage]. Brasília (DF): Instituto Brasileiro de Geografia e Estatística; 2010 [cited 2010 Nov 27]. Available from: <http://www.ibge.gov.br/home/default.php>

World Health Organization [homepage]. Geneva: World Health Organization; 2011 [cited 2011 Jan 17]. Available from: <http://www.who.int/en/>

